



DISTRACT



DELEGATE



DIRECT



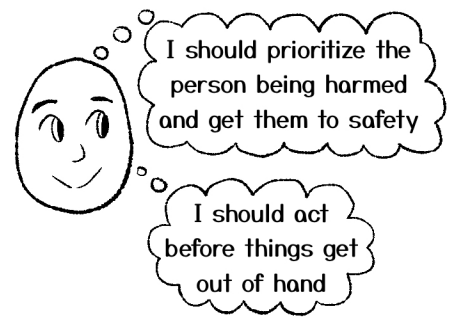
DELAY



★ The earlier you intervene, the easier it is

♥ You are not expected to put yourself in danger. If something feels unsafe, delegate & get yourself clear

☾ After an intervention - whether it went well or not - check in with yourself. This stuff takes something out of you, and that's normal.



RESOURCES

Search for community and social resources near you at: 211ontario.ca

Victim support line
1-888-579-2888

How to Help

DIRECT +
DISTRACT +
DELEGATE +
DELAY +

bystander intervention
by Casey McGee

SOURCES: RIGHT TO BE, VISION CHANGE, GOOD NIGHT OUT VANCOUVER